September 16, 2023

Unami Monthly Meeting 100 East Fifth Street Pennsburg, PA 18073

Unami Monthly Meeting of the Religious Society of Friends



Calendar

This Month

Sept. 17, *Mental Health Care Today*, Mo Nolan, 9:30 am, Meeting for Worship, 11 a.m.

Sept.24, Meeting for Worship, 11 a.m.

Future:

Oct 1, AQM Business Meeting, 8:30 am, Meeting for Worship, 11 a.m.

Oct. 8, Meeting for worship with a concern for business, 9 a.m, Meeting for Worship, 11 a.m.

Oct. 15, *Discussion*, Melinda Wenner-Bradley, 9:30 am, Meeting for Worship, 11 a.m.

Oct..22, Meeting for Worship, 11 a.m.

Oct..29, *End of Life Discussion*, C&M, 9:30 am, Meeting for Worship, 11 a.m.

Newsletter Deadline



The deadline for the next newsletter is Oct. 11 **at 4 PM.** This is a Wednesday deadline. Send your news to <u>danielhazelton@rcn.com</u>.

AQM Enabling Fund

For friends who are members of Unami who may be needing short term financial assistance, funds are available from the Abington Quarter Meeting Enabling Fund.

For more information contact: Rebecca Cratin, the Administrator of the Home and Care Committee, 215-542-8738 <u>rhcratin@cratin.com</u> or Marietta Quinby, representative from Unami to the Home and Care Committee 215-257-4895 <u>rmquinby@verizon.net</u> or Lynn Biddle, Unami's Care of Members Committee clerk 267-377-6560

lcbiddle@hotmail.com

Query for the Month of September

Grounding for Transformed Lives: Equality and Justice

- How does our meeting benefit from established patterns of prejudice, exploitation and economic convenience? What are we doing to change this?
- How and how often does our meeting engage in a self-examination of its attitudes and actions regarding race, ability, gender, sexual orientation or class?
- What steps are we taking as a meeting to inform ourselves about social injustice and ecological violence embedded in our political and economic systems?
- What steps are we taking as a meeting to assure that our meeting and the committees and institutions under our care are respectful of the earth and its people?
- Do I regularly examine myself for attitudes and behavior that indicate any hidden prejudice regarding race, gender, sexual orientation, disability or class?
- *How do my lifestyle choices affect—positively or negatively—the causes of justice and peace in our nation, the community of nations and the whole of creation?*
- How do I demonstrate in my way of living, and in what I teach my children, that love of God entails acknowledging "that of God in every person"?

Worship and Ministry Upcoming Discussions

All Discussions will begin in the Meetinghouse at 9:30 unless otherwise indicated

September 17^{th} – Mo Nolan will lead a discussion on the general state of mental health care today.

October 15th – Melinda Wenner-Bradley, PYM Director of Program and Religious Life, will lead us in discernment regarding the question of how Intergenerational Meeting for Worship could expand in practice at Unami.

October 29th – Care and Membership will lead a discussion regarding "Right order at the end of life: a look at some aspects of old age and dying." We will share information on getting your affairs in order, hospice, Friends Memorial services, and the latest on green burial. The discussion is intended to be informative to older people and adult children of older people.

AQM Business Meeting

The AQM Quarterly Business Meeting will be hosted by Unami in the Meetinghouse on Oct. 1 starting at 8:30 am.

Here is the Zoom link that will be used that day for the Business Meeting *and Unami Meeting for Worship starting at 11:00 am*

https://us02web.zoom.us/j/86997190584?pwd=WIBiNWRsVDZEUWdIZW5DZG1Od0h3Zz09

Meeting ID: 869 9719 0584 Passcode: MonthlyMtg

Note you can also register at <u>abingtonquarterlymeeting.org</u> to get access to all the business meeting documents along with the zoom link for Quarterly Meeting

Lighthouse Coffeehouse Concert

We warmly invite you to join us for our next Lighthouse Coffeehouse Concert at Abington Friends Meeting on Saturday evening, September 30 at 7 PM. Details are included on the attached flyer, and information can also be found on our website: https://www.abingtonquakers.org/Groups/384160/Events.aspx



For over 25 years, Justin has performed his virtuosic piano blend of folk, rock, and jazz for audiences throughout the Philadelphia area and beyond. He combines original rock songs and heartfelt instrumentals with his gift for storytelling to create shows that are enjoyed by all ages. "A superb pianist." (The Morning Call) Justin is the Director of Choral Music at Abington Friends School. www.justinsolonynka.com



(Photo: Steve Sayers)



Raji Malik

Instrumental acoustic guitarist Raji Malik's Indian-influenced music is medicine that he plays in the spirit of peace and healing. He says, "When I play music, I imagine the sound waves rippling out like water. These sound waves are intended to reduce stress and create a sense of spaciousness in our interior world so that we may more easily recognize our interconnection." www.rajimalik.com

(more information at abingtonquakers.org)

The Indigenous Peoples' Weekend at the Museum of the American Revolution October 7-9

https://www.amrevmuseum.org/events/indigenous-peoples-weekend-2023-at-the-museum

Lenape Social Dances & Storytelling

Onsite | Daily, Dances at 11 a.m. & 3 p.m., Storytelling at 1:30 p.m.

Throughout the weekend, a group of dancers from the Delaware Tribe of Indians will perform traditional Lenape social dances on the Museum's outdoor plaza for free and open to the public. In the Museum, a tribal elder will tell traditional Lenape stories (Museum admission required).

Unami Carbon Forest Project

Over the summer, Unami's carbon forest project made news on another website. The Community Zero Education Project is working locally under the model of Al Gore's Climate Reality Project. You can read Leonard Nakamura's account of the Carbon Forest Project here: <u>https://www.phillynetzero.org/blog</u>

Contact Unami at:

unamifriendsmeeting@gmail.com

if you would like to join us for Meeting for Worship on Sundays at 11 a.m. on Zoom